

Kids overalls with appliqué

Level of difficulty



Time required

Around 5 - 6 hours

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Material

- Denim sewing machine needle 90
- Denim fabric: 100 cm x 140 cm (1 5/8 yds. of 40) in wide
- Lightweight denim or cotton for 3 pockets and 2 bibs lining: 30 cm (1/3 yd)
- Sewing thread in coordinating denim color
- Thread for topstitching and buttonholes. We used Gütermann sewing thread for denim in a gold color
- 6 jeans-style buttons

Appliqué (optional element)

- Lightweight fusible interfacing: 20 cm x 90 cm (8 in of 36) in wide
- Lightweight cotton fabric for the appliqué
- Paper-backed fusible web for the appliqué, 10 cm (5 in X 10) in.
- Sewing thread in coordinating color for the appliqué

Machines and accessories

- Sewing machine. In this tutorial, we used the elna eXplore 340S.
- Standard foot A
- Automatic buttonhole foot R*
- Satin foot F*, or optional satin stitch open-toe foot F2 (Ref. 200-137-025)

* Included as standard accessory

Size

- 3 / 4 Years



How to make it

OVERALLS

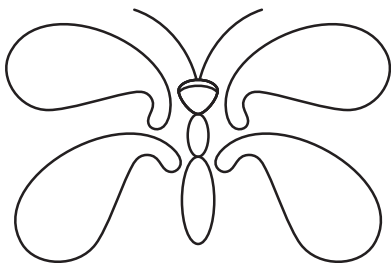
- Fold the denim fabric in half, right sides together, selvages aligned.
- Lay out your pattern, **reserving space for the front pocket**.
- Add 1.5 cm (5/8) in seam allowance to all pattern pieces. Cut correct number of all pattern pieces.

FRONT POCKETS

- Cut a piece of fabric 20 x 20 cm (8 in x 8 in), lay out the front pocket pattern in the center of the fabric.
- Trace or baste the outline of the pattern.
- If you wish to make the butterfly appliqué, draw its body in the center of the pocket.

THE APPLIQUÉ TECHNIQUE

- Choose a fabric for the appliqué. Cotton or print jersey fabrics are good options.
- Cut a piece of 12 x 12 cm. Apply fusible web to wrong side of applique fabric.
- On the paper side of the web, trace and cut applique pieces. * Remove paper backing.
- Remove paper backing and position applique(s) to right side of front pocket.



* Appliqué shape

The appliqué technique



- Install a jeans needle size 90 on your sewing machine.
- Use denim thread and straight stitch to fill the inside of the butterfly body.



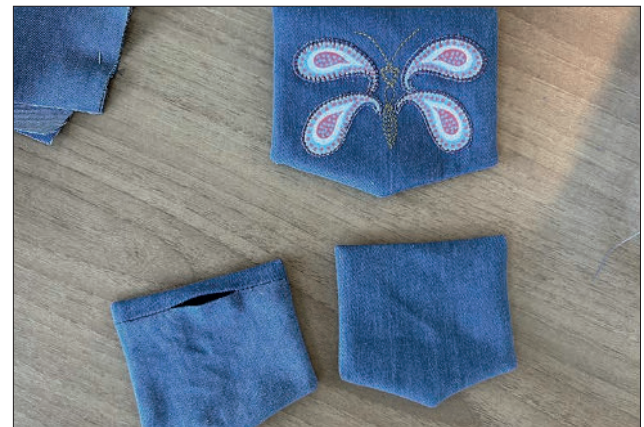
- Select the appliqué stitch or Zigzag stitch to sew your appliqué.
- Use the satin transparent foot F or the optional optional satin stitch open-toe foot F2 (Ref. 200-137-025). With its greater opening at the front. This will give you very good visibility.



Front pockets



- Cut your pocket adding a 1 cm (1/2) in seam on the sides and the point. Trim 3 cm (1 1/2) in from the straight edge for the inside lining.
- Sew the pocket to the lining, leaving few cm in for the opening to be able to turn it right side out.



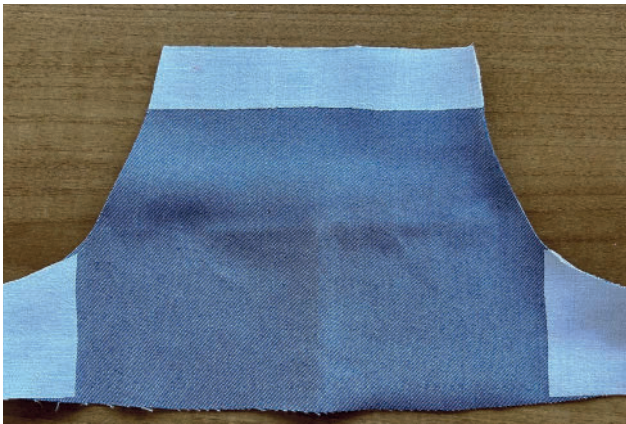
- Fold right sides together, over the flap line and sew the sides and point of the pocket, turn right side out and sew the opening closed with a hand stitch. Repeat for the back pockets. Press the pockets flat.
- *If you do not wish to line the pockets, overlock all around using the zigzag stitch and then fold the seam allowances inside. Iron the pockets*



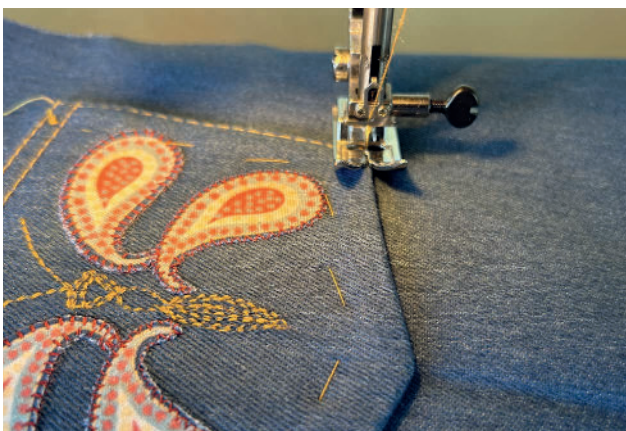
- Using the gold denim thread, topstitch over the pockets.
- Select the straight seam, stitch length 4 mm.



- Fold the straps in half, lengthwise, right sides together, sew and turn right side out.
- Topstitch on each side with the gold denim thread.



- Cut a 4 cm (1 3/4") in strip of the interfacing and fuse it to the wrong side of the top and sides of the front bib.

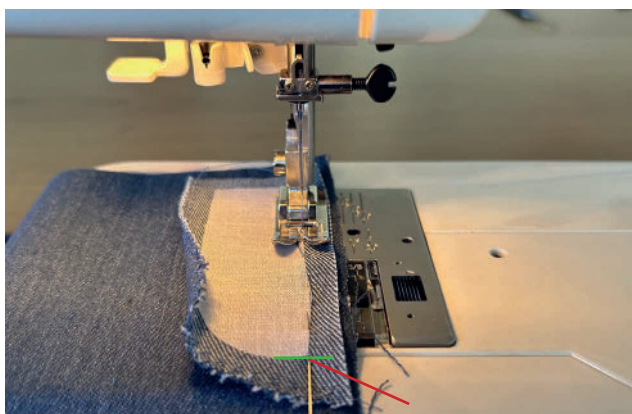


- On the right side of the bib, place the pocket on placement marks and sew a double topstitch with the denim thread.



- Place the back pockets over the placement marks and use the denim thread to sew a double topstitch.

Overalls



- Once the front facing opening of the overalls has been fused, stitch along the lightweight fusible interfacing, stopping when you've reached its end with a backstitch (green line).
- Clip along the red line.



- Turn the facing right side out and topstitch along the facing outline for a mock fly front.



- Mark the location of the buttonholes, place the button in the back of the automatic buttonhole foot R. Then install the foot on your machine.
- Sew the buttonholes using the denim thread.
- In order to find the ideal setting, make a test on your fabric by selecting a stitch width and density (length).
- Use the same setting for the remaining buttonholes.





- Sew the pants side seams together and overlock with the zigzag stitch.



- Press the seams open.



- With right sides facing, slide one trouser leg into the other leg, sew and overlock the seam between the legs.



- Sew the front and back bibs to the front and back pants.
- Press the seam allowances towards the bib.
- Topstitch all around the edge with sewing thread.



- With right sides together, fold the buttonhole flaps in half, lengthwise and sew the short top edge. Clip the corner and turn the flap right side out.
- Clean finish the bottom of the flap with a zigzag stitch.
- *Note: If your fabric is lightweight, interface the flaps.*



- Sew the flap to the pants/bib sides, remembering to leave a seam allowance at the top of the bib.



- Place the straps on the back bib markings. Baste with a straight seam.



- Place the back and front bib linings, right sides together.
- Sew seams and notch at the curves.



- Turn right side out and fold the bottom seams allowances to the inside. Sew a basting stitch all the way around.
- Iron and hold the bottom seam and the small side flaps with a hand stitch.



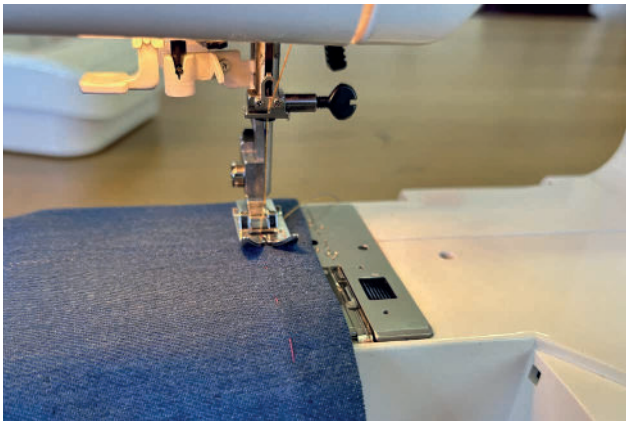
- Using the denim thread, topstitch twice around the bibs.



- Secure the buttonhole flap with a small satin stitch sewed diagonally.
- Test for the appropriate setting.
- In this example it's sewn 2.5 cm in width and 0.6 cm in length. You will need to adapt the measurements according to the thickness of your thread and fabric.



- Sew the buttonholes on the top and sides of the front bib using the same setting as the first buttonholes.
- To open them safely, place a pin at the opposite end creating a stopping gate.



- Double fold and topstitch the bottom hem with the denim thread.



- Position the buttons in place.
- To attach the buttons, place them in the desired position and fasten them by tightening them firmly with snap button pliers until you hear a "click".
- Iron the overalls.

Congratulations, it's ready!
Thinking about making the matching t-shirt ?
These tutorials are available online. Check out the Inspiration section!

